Right to Choose Referral to Autism360

Referral for autism assessment

Please complete ALL the sections and return to: adhd360.autismrtcreferrals@nhs.net

Personal details:

Date of referral:	
Name of person to be assessed:	
Home address:	
Date of birth:	
Age at referral:	
NHS number:	
Contact phone number:	
Contact email: You must provide us with an email address to enable us to process your referral.	

Next of kin:

Next of kin name:	
Next of kin address:	
Next of kin contact number:	
Do you consent to information sharing with your next of kin?	Yes ☐ No ☐

Risk

We ask the following questions to best support the person through our assessment process. These questions are revisited within the assessment itself.

Please include as much detail as feels comfortable.

1	Have you ever had thoughts of harming yourself intentionally?		Yes ☐	No ☐
	If yes, please provide further details:			
2	Have you ever acted on thoughts to harm yourself?	Yes ☐	No ☐	Not applicable ☐
	If yes, please provide further details:			
	If no, what has prevented you from acting on these thoughts?			
3	When did you last have any thoughts of harming yourself, or act on any such thoughts?			

GP to complete

Name of GP: i.e. Referrer	
GP practice address:	
GP practice email:	
Name of current ICB:	
Reason for referral: Provide a summary of needs and current concerns.	
Note any additional risk concerns to be considered within the assessment process.	
Does any of the following currently/recently relate to the person: Tick all that are relevant	☐ Crisis/Home Based Treatment, Assertive Outreach. ☐ Involvement with drug and alcohol services. ☐ Admission to Acute Mental Health inpatients or 136 suite. ☐ Admission to PICU – including historical. ☐ Disordered eating. ☐ Psychosis or treatment for psychotic episode. ☐ Police or safeguarding involvement. ☐ Self-harm or suicidal ideation. ☐ Significant self-harm requiring medical intervention - including historical. ☐ Question over mental capacity. ☐ Ongoing court proceedings.
Note any relevant known or suspected conditions: Including any learning disability.	

Have difficulties been evident since childhood?	Yes ☐ No ☐
Supporting documentation attached: Tick all included.	☐ Patient Summary. ☐ Current medication and last review date. ☐ Any previous engagement in mental health services. ☐ Previous diagnoses. ☐ Any reports undertaken by previous or current professionals. ☐ Any previous autism diagnosis reports if appropriate. ☐ Mandatory: Completed age specific AQ-10 screening, attached to this form – to be completed by patient.

Referrer to complete:

Not everyone who goes on to get a diagnosis of autism meets the threshold at the screening stage.

Do you agree to an assessment if the screening threshold is not met? Yes ☐ No ☐

Please complete all sections and return by email to:

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Adult screening tool

AQ-10

Age 16+

		Definitely Agree	Slightly Agree	Slightly Disagree	Definitely Disagree
1	I often notice small sounds when others do not.	☐	☐	☐	☐
2*	I usually concentrate more on the whole picture, rather than the small details.	☐	☐	☐	☐
3*	I find it easy to do more than one thing at once.	☐	☐	☐	☐
4*	If there is an interruption, I can switch back to what I was doing very quickly.	☐	☐	☐	☐
5*	I find it easy to 'read between the lines' when someone is talking to me.	☐	☐	☐	☐
6*	I know how to tell if someone listening to me is getting bored.	☐	☐	☐	☐
7	When I'm reading a story, I find it difficult to work out the characters' intentions.	☐	☐	☐	☐
8	I like to collect information about categories of things. E.g. types of cars, types of bird, types of train, types of plant, etc.	☐	☐	☐	☐
9*	I find it easy to work out what someone is thinking or feeling just by looking at their face.	☐	☐	☐	☐
10	I find it difficult to work out people's intentions.	☐	☐	☐	☐

Clinical use only: *Reverse scored

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Part of Keys

Child screening tool

AQ-10

Aged under 16

		Definitely Agree	Slightly Agree	Slightly Disagree	Definitely Disagree
1	They often notice small sounds when others do not.	☐	☐	☐	☐
2*	They usually concentrate more on the whole picture, rather than the small details.	☐	☐	☐	☐
3*	In a social group, they can easily keep track of several different people's conversations.	☐	☐	☐	☐
4*	They find it easy to go back and forth between different activities.	☐	☐	☐	☐
5	They don't know how to keep a conversation going with their peers.	☐	☐	☐	☐
6*	They are good at social chit-chat.	☐	☐	☐	☐
7	When they are read a story, they find it difficult to work out the character's intentions or feelings.	☐	☐	☐	☐
8*	When they were in preschool, they used to enjoy playing games involving pretend with other children.	☐	☐	☐	☐
9*	They find it easy to work out what someone is thinking or feeling just by looking at their face.	☐	☐	☐	☐
10	They find it hard to make new friends.	☐	☐	☐	☐

Clinical use only: *Reverse scored